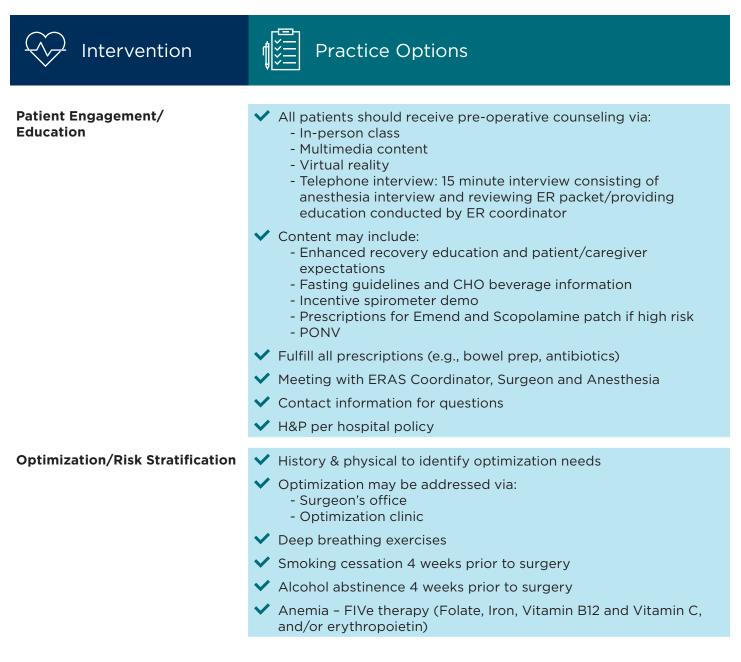




Enhanced Recovery At A Glance **Pre Hospital**

Enhanced recovery refers to patient-centered, evidence-based, multidisciplinary team developed pathways for a surgical specialty and facility culture to reduce the patient's surgical stress response, optimize their physiologic function, and facilitate recovery. Enhanced recovery pathways can be used across any service line to standardize practice.





- PONV Risk Assessment
- Nutritional optimization Consider PONS score for nutritional screening
- ✓ Prehabilitation Consider frailty assessment score
- ✓ For diabetics, consider endocrinology consult
- For chronic pain patients, consider O-NET screening

 Recommend setting expectations early and educating
 patient
- Consider showering with Chlorohex or theraworx day before surgery

The AANA thanks Joshua Newman, MSN, CRNA, Kara Douglas, MS, BSN, CRNA, Desiree Chappel, MSNA, CRNA, Joseph Chapman, MSN, CRNA, and the members of the Enhanced Recovery Shared Interest Group for their time, commitment, and expertise in the development of this enhanced recovery resource series.