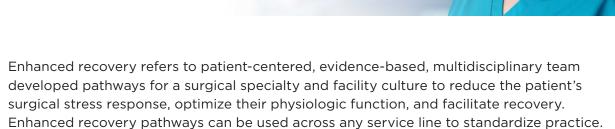


## Enhanced Recovery At A Glance

## **Post Discharge**



Intervention	Practice Options
Analgesia	<ul> <li>Reinforce pain expectations and goals</li> <li>Consider using tool to determine amount of opioids for breakthrough pain (see Michigan OPEN)</li> <li>Consider scheduled non-opiates (acetaminophen, COX</li> </ul>
Miscellaneous	<ul> <li>inhibitors, tramadol, gabapentinoids)</li> <li>✓ Consider PRN opioids rather than scheduled</li> <li>✓ Follow up with patients and family for feedback loop for improvement</li> </ul>
	<ul> <li>Consider utilizing apps to follow up with patients post-surgery</li> </ul>

The AANA thanks Joshua Newman, MSN, CRNA, Kara Douglas, MS, BSN, CRNA, Desiree Chappel, MSNA, CRNA, Joseph Chapman, MSN, CRNA, and the members of the Enhanced Recovery Shared Interest Group for their time, commitment, and expertise in the development of this enhanced recovery resource series.